RMA Athletics Summer Workouts

NO ATHLETICS ALLOWED: June 29th-July 6th and July 20th-July 29th

Refer to Summer Schedule on Athletics website for locations

Mandatory Fall Sports Meeting July 29th 6:00 in the cafeteria

HS Sports Begin July 30th

MS Basketball Camp (Co-Ed)

- June 9th-June 12th from 9:30-11:30

HS Boys Soccer

- Tuesdays and Thursdays 6:30am-7:30am @ Bethel Baptist Church from 6/3-7/17

HS Volleyball

- Tuesdays and Thursdays 9:00am-10:30am from 6/3-6/26

MS Volleyball

- Tuesdays and Thursdays 10:00am-11:30pm from 6/3-6/19

MS Girls Basketball

- Mondays and Wednesdays 9:30am-11:30am from 6/4-7/16

MS Boys Basketball

- Wednesday 6/18 and 6/25 from 9:30-10:30

HS Girls Basketball

- Mondays, Tuesdays, and Thursdays 10:30am -12:00pm from 6/3-7/17

***Any Student-Athlete who attends any summer workouts and/or camps are required to have a current NCHSAA physical uploaded into Dragon Fly Max.**